

Providing support for families coping with Juvenile Myositis



Raising Awareness
Supporting Families
Funding Research
Finding a Cure

www.curejm.org

We are...



We are dedicated to, and assisted in our efforts by, the JM community.



Our mission is to provide support for families coping with JM, raise awareness of JM, and fund research that will ultimately lead to a cure for JM.

Our goal is to never, ever let another child suffer with Juvenile Myositis.
With your help, we believe it's a goal that's well within our reach.





#### How Does Cure JM Foundation Help?

Here are just a few of the ways that Cure JM Foundation is leading the fight against JM:

- Raised more than \$8 million for JM research and education
- Helped establish JM research centers at Stanley Manne Children's Research Institute, affiliated with Ann & Robert H. Lurie Children's Hospital of Chicago and George Washington University in Washington, D.C.
- Helped secure \$1.9 million NIH Grant for the Chicago Cure JM Program Of Excellence in JM Research team
- Hosted nine educational forums for JM families and six conferences for the JM medical community
- Funded a research study with Duke University and CARRA to determine the best treatment approaches for JM
- Funded the first-ever book solely dedicated to JM, Myositis and You
- Developed a comprehensive website with over 100 pages of information
- Produced video for newly-diagnosed patients featuring leading JM experts
- Generated 500 newspaper articles and 200 TV stories by Cure JM families
- Connected over 1,500 JM families in 34 countries in the Cure JM Family Support Network
- Launched grandparent support and advocacy network
- Engaged 13,000+ people in Cure JM social media community

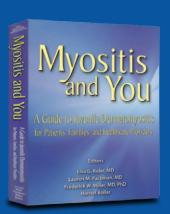
# What is Juvenile Myositis?

Juvenile Myositis (JM), including Juvenile Dermatomyositis (JDM) and Juvenile Polymyositis (JPM), is a rare autoimmune disease in which the body's immune system attacks its own cells and tissues.

Approximately 1,000 new cases of JM are diagnosed in the United States every year. This devastating disease can attack almost all systems of the body.

For many children with JM, it's a challenge to simply stand up or sit down. Extreme fatigue and weak, painful muscles make walking difficult, while activities such as running or climbing up stairs can be all but impossible.

Many sufferers also develop a red skin rash due to inflammation in the blood vessels under the skin and in the muscles. Painful calcium deposits (known as calcinosis), vasculitic ulcers, changes in cardiac function and joint contractures are other possible complications. Esophageal and gastrointestinal inflammation is also common in children with JM, causing difficulty swallowing and severe stomach pain.



Cure JM Foundation helped fund the first book ever published that's solely dedicated to Juvenile Myositis: Myositis and You. This comprehensive 450-page guide features contributions from 75 medical professionals.

Contact Cure JM for more information.

We are deeply grateful for the tremendous role Cure JM has played in raising awareness of JM and advocating for children and families. Through Cure JM's outstanding commitment to the well-being of these young patients and its generous donations to research, Cure JM has touched the lives of many individuals.

Lauren M. Pachman, M.D.

Professor of Pediatrics, Northwestern University's Feinberg School of Medicine

Division of Pediatric Rheumatology, Ann & Robert H. Lurie Children's Hospital of Chicago

Head, Cure JM Program of Excellence in Juvenile Myositis Research, Stanley Manne Children's Research Institute

### What causes Juvenile Myositis?

Researchers believe the coming together of several factors—both environmental and genetic—cause JM. Children who develop this disease often have a family history of other autoimmune diseases, such as thyroid problems, diabetes, arthritis or Crohn's disease. If a child is genetically predisposed to JM, experts suspect a microbe, such as a virus or bacteria, or environmental factors, such as a heavy dose of sun exposure, might trigger a runaway immune response that will cause the body to attack itself.

### What is the Treatment for JM?

Although medications can help alleviate the symptoms of JM, the disease has no known cure. The primary medications used to treat the symptoms of JM are immunosuppressants, corticosteroids and chemotherapy. These medications themselves can cause severe side effects, making JM challenging to treat.

## What is the Prognosis for JM?

There is no cure for JM, but with advances in early diagnosis and aggressive treatment, the outcome has continued to improve. Some children experience a mild form of the disease and may go into remission; others follow a more severe and potentially debilitating course that can be life-long. About one third of JM patients will have some functional disability. Some will battle an array of serious complications, including the inability to walk, ongoing pain, disfigurement and even death. Whether the course of the disease is mild or severe, JM is life-changing for all of these children and their families.

#### How can I Get Involved?

Help us find a cure by contributing to Cure JM using the form in this brochure. Learn about other donation options at **www.curejm.org/donate**.

You can also support Cure JM by volunteering. Holding a fundraising event, writing for the newsletter or providing support to JM families are just a few of the ways you can help. Email **info@curejm.org** for more information.



836 Lynwood Drive, Encinitas, CA 92024 (760) 487-1079 | FAX (760) 230-2243 info@curejm.org | www.curejm.org











### 3 Easy Ways to Give!

Ready to help? Choose whichever donation method works the best for you.

- 1 Donate online at www.curejm.org
- **2** Donate by mail using the form below
- **3** Donate by phone at 1-760-487-1079

Please ask your employer about matching donations! You could double or triple the impact of your gift!

### Donate by Mail

Yes, I would like to make the following taxdeductible\* donation to Cure IM Foundation

acadelible dollation to care switted hadion.
\$100.00 \$50.00 \$25.00 \$
Name
Email address
Donation made in honor of
Honoree email
☐ My company matches donations
☐ Please add me to your email mailing list
☐ Contact me regarding volunteer opportunities

To complete your donation, mail this form to:

Cure JM Foundation 836 Lynwood Drive Encinitas, CA 92024

Please make checks payable to:

#### **Cure JM Foundation**

Thank you for supporting Cure JM Foundation!

\*Cure JM Foundation is a 501(c)(3) nonprofit organization, Tax ID #35-2222262. Please contact your tax preparer to determine if this donation is deductible in your circumstance.

#### GREATNONPROFITS.ORG TOP-RATED NONPROFIT SINCE 2011

"Cure JM gives families hope, knowledge and love when a JM diagnosis turns your life upside down."

Maerryane

"This organization helped my child get an early diagnosis; most certainly made a difference in my child's quality of life and will hopefully make a difference in her disease outcome."

"Cure JM Foundation was my flashlight in a pitch dark tunnel. I am grateful for the endless information, support, and knowledge I find there." Erika



836 Lynwood Drive, Encinitas, CA 92024 (760) 487-1079 | FAX (760) 230-2243 info@curejm.org | www.curejm.org









